




Weekly Urticaria Activity Score (UAS7)

Complete this questionnaire over 7 consecutive days. Your responses will help your doctor assess how active your chronic idiopathic urticaria (CIU) is. Please circle the score that corresponds to the number of wheals you have (see description in chart below) and the score that represents the intensity of your pruritus (itching) on a daily basis (see below the chart).

Date	Daily number of wheals	+	Daily intensity of pruritus	=	Daily UAS score*
<i>Example</i>	 0 ① 2 3	+	 0 1 ② 3	=	 0 1 2 ③ 4 5 6
Day 1	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 2	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 3	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 4	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 5	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 6	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
Day 7	0 1 2 3	+	0 1 2 3	=	0 1 2 3 4 5 6
					UAS7 score[†]

Adapted from Zuberbier *et al.*

*The sum of the daily number of wheals and daily intensity of pruritus.

†The sum of the daily UAS scores over 7 consecutive days.

Assessment of disease activity in patients with CIU (UAS scale)

Score	Wheals	Pruritus
0	None	None
1	Mild (less than 20 wheals/24 hours)	Mild (present but not annoying or troublesome)
2	Moderate (20-50 wheals/24 hours)	Moderate (troublesome but does not interfere with normal daily activity or sleep)
3	Intense (more than 50 wheals/24 hours or large confluent areas of wheals)	Intense (severe pruritus, which is sufficiently troublesome to interfere with normal daily activity or sleep)